



eshnr

european society of
head and neck radiology

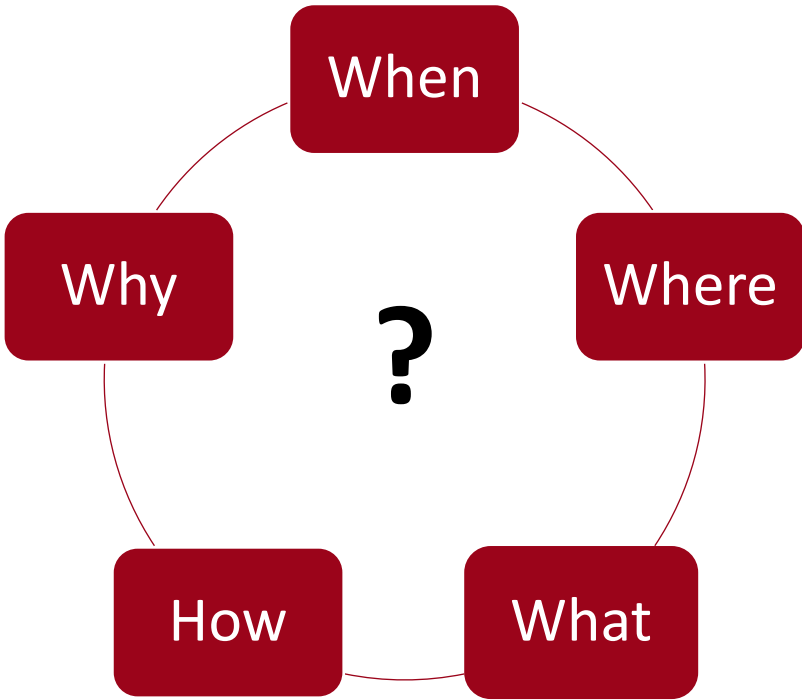
ESHNR 2023 Malta

My ESOR fellowship

Angela Napolitano, MD EDiNR

Department of Neuroradiology

Papa Giovanni XXIII Hospital, Bergamo



EXCHANGE PROGRAMME FOR HEAD AND NECK RADIOLOGY FELLOWSHIPS (ESHNR)



When?

- **Application:** March 2022
- **Results communication:** End of May 2022
- **Training period:** September – December 2022
- *Look after 2024 application!*
<https://www.esor.org/for-radiologists/exchange-programmes-for-fellowships/>



Where?

- London/United Kingdom



Hyde park, before sunset



London "beach", South bank



View from Greenwich park

Where?

- London/United Kingdom
- London Northwest University Healthcare NHS Trust
- Northwick Park Hospital
- Head of Department: P. Lung; Tutor: **R. Lingam**



What?



CLINICAL ACTIVITIES – DAILY SCHEDULE

- MRI reports, CT reports : a lot!
- On Mondays: Teaching for junior trainees on specific HN topics
- On Wednesdays: HN, ENT multidisciplinary team meetings
- On Thursdays: otology meeting (online) → *cholesteatoma!*

What?



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- **At anytime:** scrolling through the teaching case folders!



What?



RESEARCH ACTIVITIES

PICTORIAL REVIEW

Imaging of pharyngeal pathology

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ABSTRACT

The pharynx plays a significant role in swallowing and speech, and this is reflected in both its complex anatomy and degree of physiological motility. Patients who present with pharynx-related symptoms such as sore throat, globus, dysphagia or dysphonia will usually undergo visual and nasal endoscopic examination in the first instance. Imaging is frequently required to supplement clinical assessment and this

ATTENDED MEETINGS

- ESHNR annual meeting 2022 (online)
- Attendance to Infomed Head and Neck imaging course
- Attendance to BHNR webinars

What now?

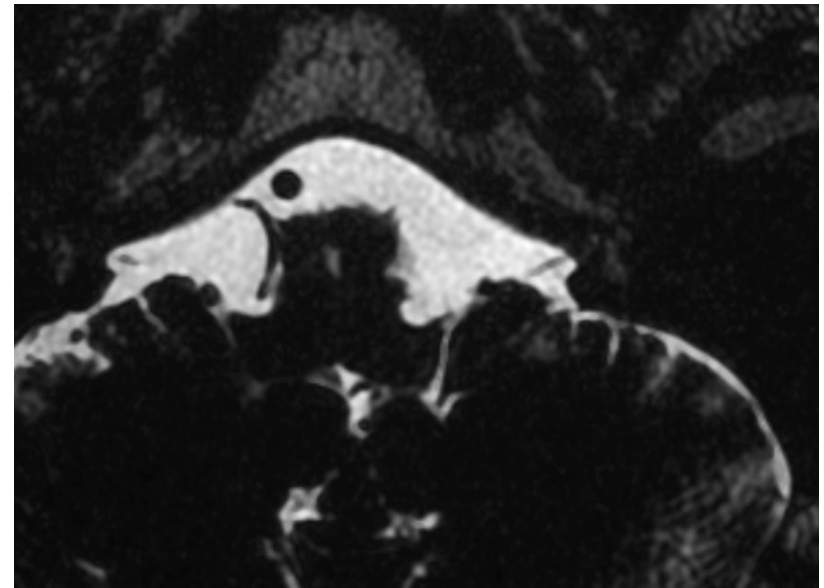


- Clinical: Head and neck pathologies – dedicated MR sessions

What now?



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- Research: 3T MR protocol for facial nerve DTI in schwannomas



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- ***Radiologist more involved in the MDTs!***

What now?



- Clinical: Head and neck pathologies – dedicated MR sessions
- Research: 3T MR protocol for facial nerve DTI in schwannomas
- Recently Cone Beam CT installation: *first cases*
- *Radiologist more involved in the MDTs!*
- Italian Neuroradiology Society Congress upcoming in Bergamo: *special focus on H&N !*



How?

- Tip and tricks
 - UK: consider time for application/processing for VISA! (4 -12 weeks)



Documents Checklist	
01	Certificate from the ATAS
02	2 passport size photos
03	Acceptance for Studies Confirmation (CAS)
04	Certificate of Police Clearance
05	Compensation for the NHS
06	Financial Evidence/Proof of Funds
07	Financial sponsor's written agreement (in case of sponsorship)
08	Form for Requesting a Visa
09	Passport must be Valid
10	Proof of payment of the visa fee/visa application fee
11	Tuberculousis medical test results

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 - Use your time efficiently: set your learning goals!

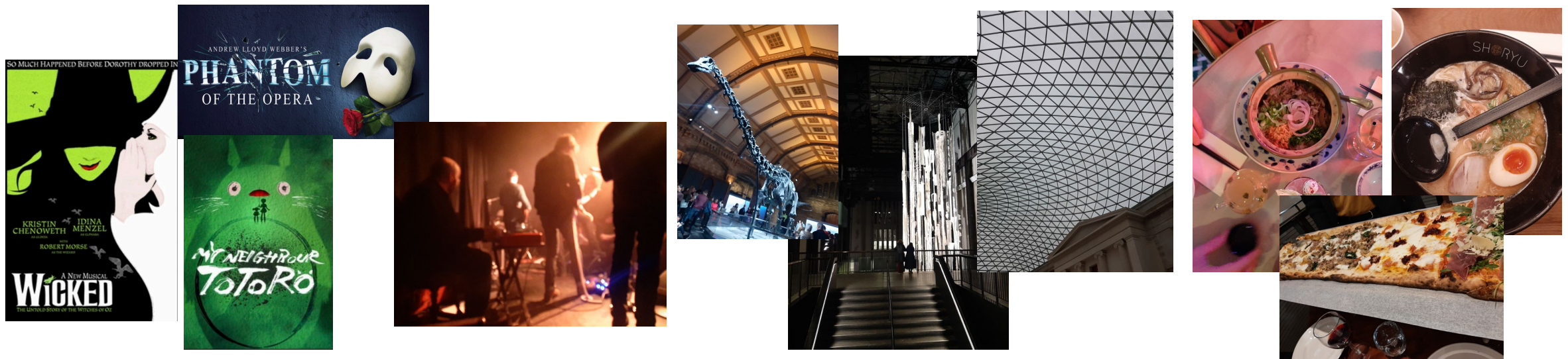


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How?

- Tip and tricks
 - UK: consider time for application/processing for VISA! 4 -12 weeks
 - Search for accommodation as soon as you can!
 - Use your time efficiently: set your learning goals!
- Take time to explore the city (musicals, concerts, museums, food and much more!)



Why?

- Be more confident
- Learn more and faster in a protected environment
- Get further subspeciality excellent training
- Time for research, paper reading and writing
- Improve your English !
- Consider international mobility
- Expand professional network



Why?



Challenges/difficulties

- Unfamiliar working environment → be patient, be “open”

Why?



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- Low quality brand coffee ...

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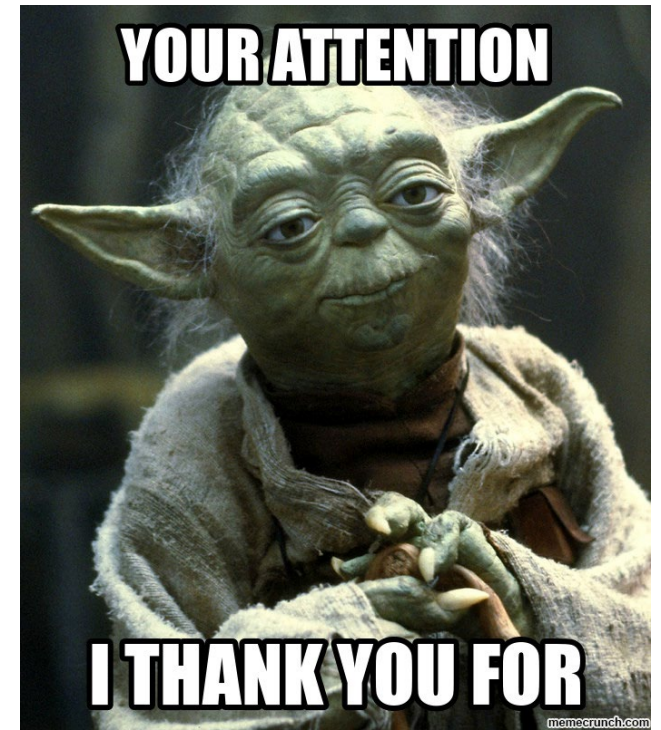
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Special thanks to

- *Simonetta Gerevini, Head of Neuroradiology dept*
- *Neuroradiology Department Papa Giovanni XXIII Hospital*
- *Istituto Mario Negri*



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